

# What's on: October

October is a busy time across our Nursery settings. Autumn brings with it new sensory experiences and opportunities and we've lots of important dates in our calendar to celebrate including Early Years Wellbeing Week, rounding off the month with some spooky Halloween celebrations!

## EY Wellbeing Week

Early Years Wellbeing Week takes place from 4-8 October and "shines a spotlight on mental health and wellbeing for the sector as we seek to raise awareness, educate, influence and inform." The theme for #EYWellbeingWeek is This Is Me. Look out for some incredible opportunities happening across the week.

Inline with World Mental Health Day



## World Space Week

4-8 October is World Space Week - which is a great opportunity to explore all things relating to SPACE and our planet. This year, the theme is 'women in space' celebrating the accomplishments and contributions of women to the space sector.

So, quite literally *watch this space* to see what we get up to.



## Halloween Fun

Halloween brings with it an opportunity to enjoy a range of spooooky activities and an invitation to dress up! Keep a googly eye on Famly for more!



## Black History Month



While October is officially Black History Month, we aim to celebrate our children's individual cultures and heritage all year around. We've also recently updated our anti-racism policies and policies on inclusion and diversity, and we're advocates of the Halo Hair Code for workplaces to ensure we're playing our role in challenging attitudes around race. You'll find more information on this under policy 2f (see parent policy pack) or speak to a member of management.

## Cheers to Macmillan!

During September our settings hosted their own take on a Macmillan Coffee Morning, and collectively our Nurseries raised over £380 for the charity!

